

	Title	Aim	Activities
Heroes	Moses - listening factor	To help children understand that through listening to God anything is possible.	<ul style="list-style-type: none"> • Who is he? Introduce Moses but don't mention his name and see if the children can guess who you're talking about. • Guess the.... sound. • Story: Prince of Egypt video clip when he helped to lead Gods people out of slavery • Why? 4 reasons why he was a hero • Challenge: Label the ear with different people the children should listen to and get them to discuss why it's important to listen to these people. • Game: Charades - Act out different situations where people might be rescued and children guess • Memory verse: Matthew 19:26
	David - giant factor	To challenge children to get rid of the giants in their lives	<ul style="list-style-type: none"> • Who is he? Introduce David but don't mention his name and see if the children can guess who you're talking about. • Guess the.... giant. • Story: David and Goliath. Act out as it is read. • Why? 4 reasons why he was a hero • Challenge: Get rid of giants in our own lives (things we find hard) - write and rip • Game: make a tower using egg boxes with labels of different giants and children knock the tower down. • Memory verse: Ephesians 3:20
	Esther -fear factor	To get children not to think about fear but to take risks for the things they love.	<ul style="list-style-type: none"> • Who is she? Introduce Esther but don't mention his name and see if the children can guess who you're talking about. • Guess the.... object. (blindfolded and without using their hands) • Story: Esther. Children tell story in their own words using jelly babies. • Why? 4 reasons why she was a hero • Challenge: Risky business - show a video clip of people taking risks (base jumping etc) and get the children to think of what risks they might take in their lives. • Game: Play queeny, queeny who's got the ball. • Memory verse: Esther 4:14b
	Ruth - stick factor	To remind children that if they stick with God in everything they do He will help them.	<ul style="list-style-type: none"> • Who is she? Introduce Esther but don't mention his name and see if the children can guess who you're talking about. • Guess the.... sticky things. (Feely bag) • Story: Ruth. Using a story board. Children can order. • Why? 4 reasons why she was a hero • Challenge: Stick on....using sticky notes children write things they find easy/hard to stick to. • Game: Chain race - link arms with team to complete relays • Memory verse: Ruth 1:16b